

Holter is due back:

HOLTER MONITOR INSTRUCTIONS

You may take the monitor off to take a shower. You will have extra stickers to use after your shower. See picture below for proper lead placement. Please note, leads should not be placed on breast tissue; the brown lead may be placed higher or lower on your chest if needed. Snap wires onto stickers before placing on your chest.

Please do not take out the battery. Removing battery will erase all recorded data.

When you take off your Holter monitor to return it, please throw the stickers away and return the monitor and wires to the front desk of the hospital lobby. If you return the monitor after 4:30 pm or on a weekend, please take the Holter monitor to the emergency room front desk and they will make sure it is returned to us.

